



harc  
PO Box 450  
Hatfield  
AL10 1EU

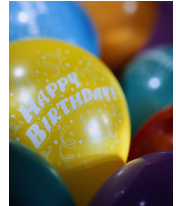
phone: 07836 667 394  
support@harc-online.org.uk  
www.harc-online.org.uk



## Support Group Meeting



# Preparing for celebrations and festive events



Pamela Reitemeier

*Do you care for children or adults who find celebrations stressful, overwhelming or confusing?*

*Do your children find the change to routine at school and home at Christmas difficult to cope with?*

*Does your family member with autism experience sensory overload during certain events?*

Pamela, a NAS senior councillor, will share practical advice and tips from the National Autistic Society and other parents/carers of children and adults on the spectrum. The ideas will be particularly useful in the run up to Christmas, but also for other celebrations throughout the year eg birthdays and other religious events. If you have tips yourself, please come along and share or email us, we would love to hear from you.

**Wednesday 23<sup>rd</sup> November 2011**

**Time: 7.30 pm**

**Greenside School, Shephall Green, Stevenage, SG2 9XS**

non harc members are always welcome at our meetings

Registered Charity No. 269425  
Company Limited by Guarantee No. 1205298

## Directions



Stevenage: From the A602, Broadhall Way, turn into Valley Way, turn right at Hydean Way then right onto Shephall Green and keep right. Greenside school is just past Heathcote Secondary School on the right hand side.

(please note there is no access directly from the A602 onto Shephall Green)

Link to google maps: <http://maps.google.co.uk/maps?hl=en&tab=wl>

